

WRDN MENU WEEK 1

	BREAKFAST 8 – 8.45 am	SNACK 10.15 am	LUNCH & PUDDING 11.15 am	TEA & PUDDING 3.00 pm
MONDAY	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Fresh fruit & crumpets	Pea, ham & mushroom bake with garlic bread Strawberry Whip	Mixed bean chilli with potato wedges & sour cream Sultana & lemon sponge
TUESDAY	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Cucumber & carrot Sticks with cream cheese dip	Jacket potatoes with cheese, beans and coleslaw Fresh Fruit Salad	Spiced lamb tagine served with fruity cous cous & flat bread Passion cake
WEDNESDAY	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Fresh fruit & pancakes	Roast chicken dinner with vegetables & Yorkshire puddings Yoghurt	Mixed bean & tomato gnocchi bake with peas Shortbread biscuits
THURSDAY	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Caprese crackers	Chicken arrabiata & garlic bread Melon & pear Slices	Jackfruit masala with rice & naan Mango milkshake
FRIDAY	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Fresh fruit & cheese foccacia	Butterbean goulash with rice Bananas & custard	Chicken & leek pie with puff pastry served with vegetables Jelly

The running order of this menu may change without prior notice. In order to accommodate dietary requirements, alternatives will be provided where possible. E.G. Milk / Soya milk, wheat / gluten / barley / dairy free products.

- CONTAINS WHEAT/GLUTEN/BARLEY/YEAST
● CONTAINS FISH
● MOLLUSCS
● CONTAINS MILK/DAIRY
● LUPIN
● CONTAINS LETCHIN
● CONTAINS TOMATO
● CONTAINS SOYA
● CONTAINS EGG
● CRUSTACEANS
● CONTAINS MUSTARD
● CONTAINS CELERY
● CONTAINS SESAME
● CONTAINS NUTS
● CONTAINS SULPHUS/SULPHITES