

## WRDN MENU WEEK 2

	<b>BREAKFAST 8 – 8.45 am</b>	<b>SNACK 10.15 am</b>	<b>LUNCH &amp; PUDDING 11.15 am</b>	<b>TEA &amp; PUDDING 3.00 pm</b>
<b>MONDAY</b>	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Fresh fruit & crackers	Roast vegetable & lentil pasta bake with garlic bread  Blueberry sponge	Chicken hotpot with broccoli  Yoghurt
<b>TUESDAY</b>	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Fresh fruit & rice cakes	Vegetable casserole with mash potatoes and Yorkshire puddings  Courgette & lime cake	Surbiyaan with pitta bread  Banana buns
<b>WEDNESDAY</b>	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Pitta fingers with warm tomato chutney	Gammon roast with vegetables & gravy  Crumble & custard	Pasta primavera with garlic bread  Greek yoghurt with fruit coulis
<b>THURSDAY</b>	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Breadstick & sour cream dip	Fish pie with peas  Fresh fruit salad	Veg patties with rice & salad  Coconut & blueberry blondies
<b>FRIDAY</b>	Selection of cereals including Weetabix, Rice Krispies, Cheerios or cornflakes Wholemeal toast and buttery spread	Cucumber & carrot sticks with Cheese cubes	Turkey meatballs with spaghetti & carrots  Peaches & cream	Jacket potatoes with cheese, beans and coleslaw  Lemon meringue pie

The running order of this menu may change without prior notice. In order to accommodate dietary requirements, alternatives will be provided where possible. E.G. Milk / Soya milk, wheat / gluten / barley / dairy free products.

- CONTAINS WHEAT/GLUTEN/BARLEY/YEAST
● CONTAINS FISH
● MOLLUSCS
● CONTAINS MILK/DAIRY
● LUPIN
● CONTAINS LETCHIN
● CONTAINS TOMATO  
● CONTAINS SOYA
● CONTAINS EGG
● CRUSTACEANS
● CONTAINS MUSTARD
● CONTAINS CELERY
● CONTAINS SESAME
● CONTAINS NUTS
● CONTAINS SULPHUS/SULPHITES